



Gender Diversity and Mental Illness LGBTIQ Student Support

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Outline of session

- Acknowledgement of country
- Introduction of panel members
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Introduction of panel



Facilitator:

Wendy Paulusz. Senior Officer Inclusive Development.

Panel



Eden Dowers. Senior Liaison Officer



Dr Quinn Eades. Lecturer. Interdisciplinary Studies. College of Arts, Social Sciences and Communications



Kat Nordern. Advocate and Case worker, La Trobe Student Union

Assumptions

- Everyone is presumed to be heterosexual.
- A person's gender corresponds to their sex.
- If these assumptions are challenged, it can result in bias discrimination, marginalisation and abuse

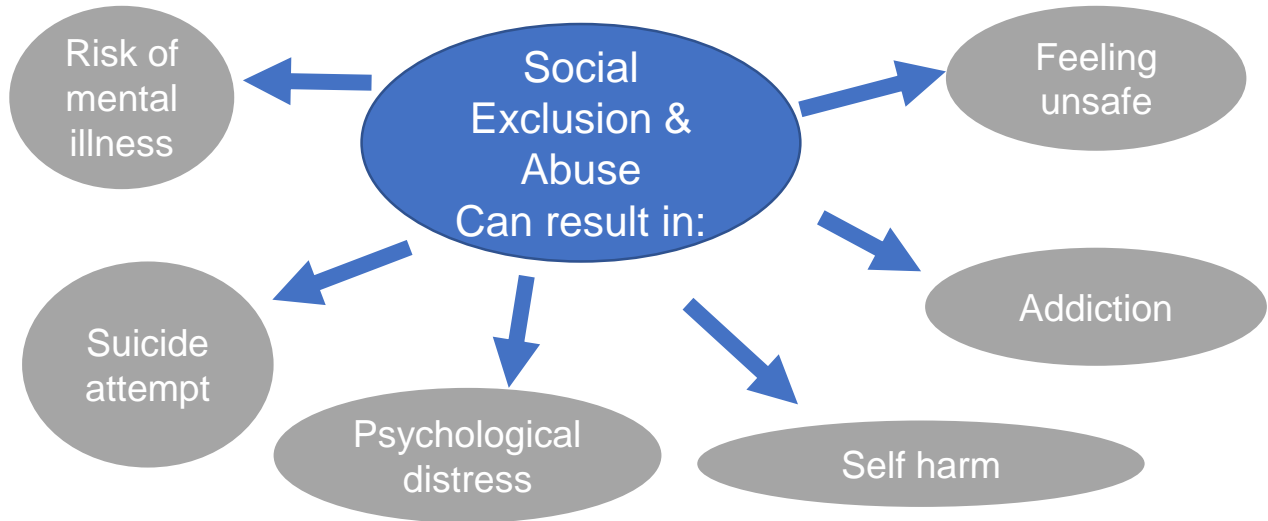


Image 1. Health impacts of social exclusion and abuse (Leonard et al., 2010)

Mental health and wellbeing outcomes of LGBTI people

Impact of sexuality, gender identity and expression on experiences in society.

Average psychological distress score (K10)

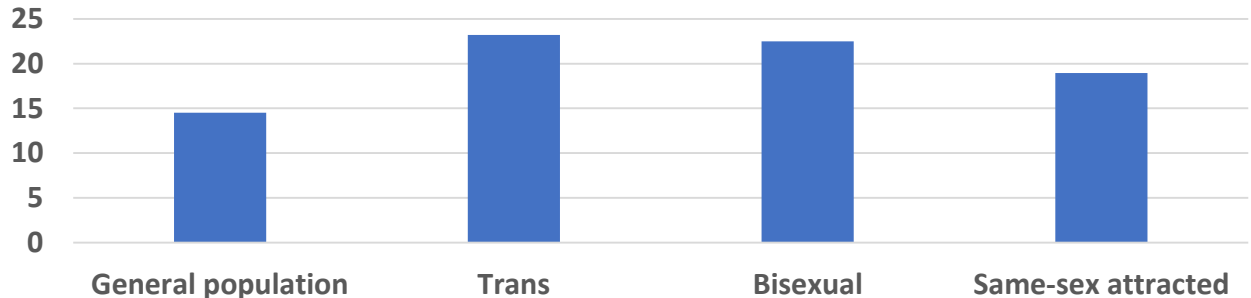


Figure 1. Average K10 scale data. The K10 scale assesses non-specific psychological distress with higher scores indicating increased psychological distress (ranging from 0 to 50) (Leonard et al., 2012).

Scenario 2: Letter

Equinox Gender Clinic

Address | Phone Number | Email Address

To: Disability advisor

RE: Recommended academic adjustments

Fiona is a patient of our clinic and a current undergraduate student at La Trobe University.

Fiona will require consideration to class absence at times owing to specialist medical appointments.

At times, they will be unable to engage with coursework/complete assessment tasks owing to symptoms of anxiety and depression. Consideration to short extensions at such times is recommended.

Additionally, Fiona's ability to attend class during these periods will likely be impacted.

Should you wish to further discuss these recommends, please do not hesitate to contact me.

Kind regards,

Scenario 3 -Teaching situation

Attitudes and Assumptions about gender

- Video: Pragmatics with Steven Pinker well-known linguist and psychologist tells the story of a woman who is leaving a man ([Steven Pinker on Language Pragmatics](#)).
- Assumptions about whom she is leaving the man for.
- Response of students in class regarding assumptions being made.
- As a teacher: How best to proceed?



Imagined futures

- What we would like to see happen..

Glossary of terms

- **LGBTIQ:** Lesbian, gay, bisexual, transgender, intersex and queer and/or questioning.
- **Allyship (n.):** informed, accountable action that contributes to other people's ability to survive and thrive in a context of inequality.
- **Cisgender (adj.):** A person whose gender identity and/or expression is the same as the sex they were assigned at birth.
- **Transgender (adj.):** Trans people generally experience or identify their gender as not matching their sex assigned at birth. This includes people who identify as transgender, brotherboy, sistergirl, non-binary, agender, genderqueer and more.
- **Non-binary (adj.):** Describes individuals whose gender identity is neither man nor woman but rather both, neither and/or something else.

Thank You!

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