

*A Pre-planning Toolkit
for people with an Intellectual Disability
interested in further study*



Getting the Right Support at the Right time from the Right people

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About this toolkit



This is a toolkit to help people with an intellectual disability who are going to study after finishing high school.

It talks about support that is available to help you study.



We have written this toolkit in easy English.

It is okay to get someone to help you read it.



There is a bigger toolkit with lots more information.



You can get the bigger toolkit at:

bit.ly/2m3JELk



This toolkit was made by the National Disability Coordination Officer Program.

We call it NDCO for short.

When you study after high school

You can -



- Learn new skills



- Feel good about yourself



- Make new friends



- Find a job easier

You can get help to study



Sometimes because of your disability you might need some extra help.

You have a right to extra support if you need it.

You can get help to study from –



The National Disability Insurance Scheme.

We call this the NDIS for short.



You can also get help from the place where you study like TAFE.



The help needs to be **reasonable**.

That means it must be fair.



The help needs to be **necessary**.

Necessary means something you must have to help you do everyday things or study.

National Disability Insurance Scheme (NDIS) help



The NDIS can help you to be more independent.

Being independent means doing some things for yourself.

Things like:



Looking after yourself – like showering



Doing everyday things – like cooking



Getting to and from your course

The NDIS can help you learn how to catch the bus and be more independent.



Finding your classrooms



Things to help you communicate with others



Joining in to do things with other students



Talking to your teachers

Help from where you study

Where you study can help with –



Making sure the buildings are accessible

Giving you aides and equipment you need for your study



Reading and writing



Communicating with others if this is part of your study



Going places with other students if this is needed as part of your study



Using computers



Learning skills for work



Try out workplaces

You will need to pay for



Your computer at home



Your books



The cost of the course.

Some courses are free.

You will need to check.



Your food and drink

What you need to do



Most places where you might study have a person whose job it is to help students with disability.

They are called different names, they could be called

- Disability Liaison Officer
- Disability Advisor
- Disability Practitioner

You should meet with this person at least 4 weeks before you start.



You can take someone with you when you meet with them – this is a good idea.

A plan will be made to help you study.



You need to give a copy of this to the NDIA.

Think about what you might need



What helps you learn new things?



It is a good idea to talk to someone who has done this type of course before.

You could ask them:

- What did they do?
- What help did they get?
- Do they have any tips they can give you?



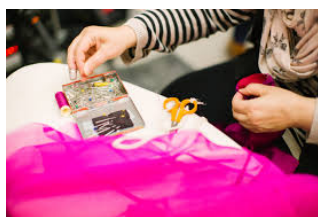
Talk to other people like your family and teachers.

Write a list of the things that help you learn best.

A story about Rebecca



Rebecca wanted to learn how to make soft toys to sell at a market.



So, Rebecca went to TAFE to do a Certificate II Course in Fashion Design and Technology.



Both NDIS and TAFE helped Rebecca do the course.

They helped her with her plans.



Rebecca's NDIS plan paid for someone to

- help her get out of bed on time
- have a shower
- have breakfast
- take her medicine
- learn how to catch the bus to and from TAFE

TAFE paid for someone to



- help her in her classroom
- tell her what some words mean
- put things in Easy English
- tell her the small steps in her tasks

Off campus and distance students



Some students live a long way from places where they can study.

They may live in a rural area on a farm.

They can choose to study from home.

This is called distance education.



Distance education students can still get help from both NDIS and the place where they are doing their course.



If this might be what you want to do, talk to the Disability Liaison Officer and your NDIS planner.

They can give you more information.

Write notes here to help you talk to the NDIS or the place where you are going to study.

Questions I can ask the NDIS Planner

Questions I can ask the Disability Liaison Officer

Useful Links

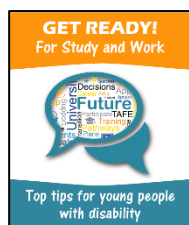


This toolkit was made by the **NDCO Program**



You can find out more about us at:

www.adcet.edu.au/resource/9243/ndco-details



Getting ready for study and work – top 10 tips
www.westernsydney.edu.au/getreadyforstudyandwork/resources/get_ready_top_tip_workbooks



For more tips to help with your study

<https://www.adcet.edu.au/students-with-disability/>

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