**TABLE 5: my Weekly planner**

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| --- |
| Week Number: …………………………………………………….. Date Range: …………….. |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 9 am |  |  |  |  |  |  |  |
| 10 am |  |  |  |  |  |  |  |
| 11 am |  |  |  |  |  |  |  |
| 12 pm |  |  |  |  |  |  |  |
| 1 pm |  |  |  |  |  |  |  |
| 2 pm |  |  |  |  |  |  |  |
| 3 pm |  |  |  |  |  |  |  |
| 4 pm |  |  |  |  |  |  |  |
| Research. |  |  |  |  |  |  |  |
| 5 pm |  |  |  |  |  |  |  |
| 6 pm |  |  |  |  |  |  |  |
| 7 pm |  |  |  |  |  |  |  |
| Do ‘To-do list’. |  |  |  |  |  |  |  |
| Do new weekly planner. |  |  |  |  |  |  |  |
| 8 pm |  |  |  |  |  |  |  |