# Autism Resources

Compiled by Stevie Lane and Kay Barnard from Edith Cowan University for the Words Matter: Developing inclusive language guides in a tertiary education setting webinar (5 December 2022)

## Organisations and Groups

* **Amaze:** The peak body for autistic people and their supporters in Victoria (but has some great resources and information on their website, regardless of where you are situated in Australia) https://www.amaze.org.au/
* **I CAN Network:** Has peer led online mentoring groups for LGBTIQA+ young people https://icannetwork.online/autistic-lgbtqia/
* **Developmental Disability WA:** free individual advocacy for people with developmental disability and complex communication needs (intellectual disability, autism, ADHD etc). You do not need to be on NDIS to access - funded by the Department of Communities. Other services include family peer support and NDIS Support Coordination https://ddwa.org.au/
* **SECCA:** supports people with disability to learn about relationships, sexuality and sexual health https://www.secca.org.au/
* **Autistic Self Advocacy Network:** Grassroots disability rights organization for the autistic community (US based) https://autisticadvocacy.org/

## Resources & Articles

* [**Understanding Autism through the Actually Autistic Lens:**](https://neuroclastic.com/the-actually-autistic-lens-resource-list/) Resource List (includes insightful articles such as the following, but also so many more)
* **Very Grand Emotions:** How Autistics and Neurotypicals Experience Emotions Differently: <https://neuroclastic.com/very-grand-emotions>
* **Autism: Why I Don’t Do Eye Contact:** <https://neuroclastic.com/eye-contact/>
* “Autism is a Spectrum” Doesn’t Mean What You Think - <https://neuroclastic.com/its-a-spectrum-doesnt-mean-what-you-think/>
* **On Autism and Intelligence: Measuring & Understanding IQ**: <https://neuroclastic.com/on-autism-and-intelligence-measuring-understanding-iq/>
* **Selective Mutism**: Just because somebody can’t speak, doesn’t mean they don’t have a voice. <https://neuroclastic.com/selective-mutism-just-because-somebody-cant-speak-doesnt-mean-they-dont-have-a-voice/>
* **“Severe Autism” Is a Label that Tells You Nothing about an Autistic Person**: <https://neuroclastic.com/calling-level-3-support-needs-severe-autism-blocks-self-advocacy/>
* **Understanding Autism – Woman and Girls**: <https://www.amaze.org.au/understand-autism/about-autism/women-and-girls/>
* **Autism Representation in the Media — And How It Impacts Real Life** <https://www.accessibility.com/blog/autism-representation-in-the-media-and-how-it-impacts-real-life>
* New evidence ties Hans Asperger to Nazi eugenics program <https://www.spectrumnews.org/news/new-evidence-ties-hans-asperger-nazi-eugenics-program/>
* [What is ABA?](https://neuroclastic.com/what-is-aba/) and [Alternatives to ABA](https://neuroclastic.com/category/aba-therapy/alternatives-to-aba/)
* Article: [Why Aspergers is no longer in the DSM](https://www.theguardian.com/society/2012/dec/02/aspergers-syndrome-dropped-psychiatric-dsm)

## Books

Most of these are available or can be ordered in through [Rabble Books](https://www.rabblebooksandgames.com.au/)

* **I am Autistic: An Interactive and Informative Guide to Autism** (by Someone Diagnosed with it) - Chanelle Moriah
* **The Reason I Jump** - Naoki Higashida
* **Spectrum Women: Walking to the Beat of Autism** – Anthology
* **Unmasking Autism: The Power of Embracing Our Hidden Neurodiversity** – Devon Price
* **Different, Not Less: A neurodivergent's guide to embracing your true self and finding your happily ever after** - Chloé Hayden
* **The Autism and Neurodiversity Self Advocacy Handbook:** **Developing the Skills to Determine Your Own Future** - Barb Cook and Yenn Purkis
* **Camouflage: The Hidden Lives of Women with Autism** - Sarah Bargiela and Sophie Standing (Illustrator)
* **Trans and Autistic: Stories from Life at the Intersection** - Noah Adams and Bridget Liang
* **Uncomfortable Labels: My Life As a Gay Autistic Trans Woman** - Laura Kate Dale
* **The Autistic Trans Guide to Life** – Yenn Purkis and Wenn B Lawson
* **Queerly Autistic: The Ultimate Guide for LGBTQIA+ Teens on the Spectrum** - Erin Ekins

## Things to watch

* [The Reason I Jump](https://www.sbs.com.au/ondemand/movie/the-reason-i-jump/2041774147699) (available on SBS On Demand) -Based on the book of the same name by autistic person Naoki Higashida https://www.sbs.com.au/ondemand/movie/the-reason-i-jump/2041774147699
* [Loop](https://www.youtube.com/watch?v=JrO639lX8Uc) – Short Pixar film available on Disney+ (stars voice of autistic kid)
* Heartbreak High – Series on Netflix (features autistic character played by autistic actor https://www.refinery29.com/en-au/2022/09/11113018/chloe-hayden-heartbreak-high
* [I CAN Network Webinar](https://www.youtube.com/watch?v=Z1IIsXGar7A): Insights from Autistic LGBTIQA+ Young Adults (Feb 2020)
* [I CAN Network Webinar Autistic, LGBTIQA+ and Proud](https://www.youtube.com/watch?v=C-qjAZNCF0U) (August 2018)